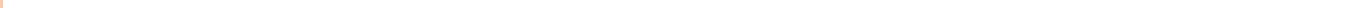
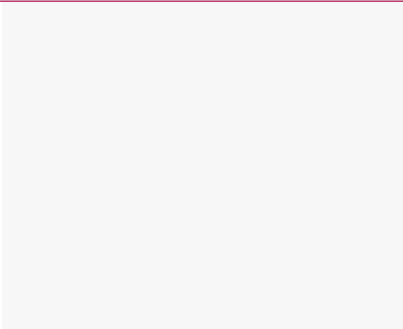


Contents

4	Report summary	14
6	Walking in Tower Hamlets	
8	Cycling in Tower Hamlets	
10	%HQRWRIØONLQ	
12	%HQRWRIFFOLQ	





Walking and wheeling safety and satisfaction

62%

of safety for walking or wheeling is good

64% in 2021

43%

of safety for children walking or wheeling is good

45% in 2021

71%

local area overall is a good place to walk or wheel

72% in 2021

Proportion of residents who think walking or wheeling safety in their local area is good

Gender and sexuality

64% of women



63% in 2021



62% of men



65% in 2021



60% of LGBTQ+ people

64% of non-LGBTQ+ people

Ethnicity

66% of people from ethnic minority groups



63% in 2021



58% of white people

66% in 2021

Age

61% of people aged 16–25



71% in 2021



62% of people aged 26–35



65% in 2021



66% of people aged 36–45



63% in 2021



57% of people aged 46–55



61% in 2021



63% of people aged 56–65



60% in 2021



68% of people aged 66+

59% in 2021

Disability

54% of disabled people



50% in 2021



64% of non-disabled people



67% in 2021



Socio-economic group

61% of AB



66% in 2021



68% of C1



60% in 2021



53% of C2



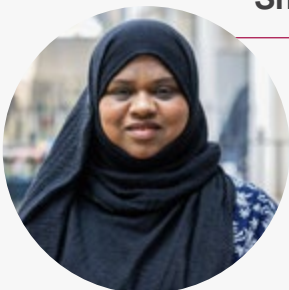
68% in 2021



60% of DE



63% in 2021



Shaheda





% H Q H Ô W V R I Z D O N L Q J

Why everyone gains when more people walk or wheel

Tower Hamlets residents walk or wheel 14 times around the world every day

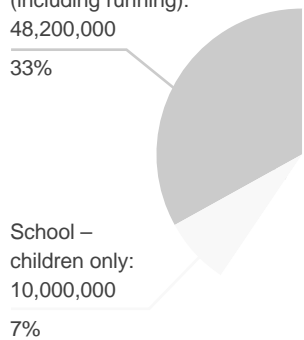
Walking and wheeling trips have declined slightly since 2021, when behaviour was more

L Q X H Q F H G E \ b W K H b S D Q G H P L F & K L O G U H Q Z D O N L Q J W R V F K R R O K

Annual walking and wheeling trips by purpose

2023:
145.7 million trips

(Q M R \ P H Q W R U W Q H V Destination – adults only
– adults and children (like work, school, shopping):
(including running): 48,200,000 87,600,000
33% 60%



This adds up to

b P L O O L R Q b P L O H V

= 350,000 miles a day

: D O N L Q J D Q G Z K H H O L Q J E H Q H Ô W V U H V L G H Q W V D Q G W K H O

The Walking and Cycling Index uses a PRGHO WR XQG HUVWDQG WKH of driving and walking. For example travel time, vehicle operating costs, health

E H Q H W V D L U T X D O L W \ D Q G W D I D W L R Q

£1.37 is saved ⁱⁱ

I R U b H D F K b P L O H b Z D O N H G R U Z K H H O L Q J D Q G W K H O L Q V W H D G R I G U L Y H Q L Q 7 R Z H U b P O H W V

2 Y H U D \ H D U W K L V D G G V b X S b W R

F R V W V D Q G E H Q H W Y £24.5 million

I U R P b D G X O W V b Z L W K b D b F D U b L Q b W K H

walking or wheeling to work, school

D Q G b R W K H U b G H V W L Q D W L R Q V

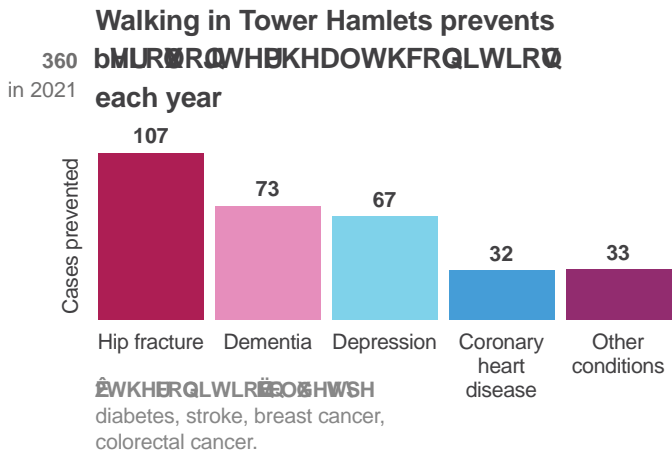
7 K H W R W D O D Q Q X D O H F R Q R P L F E H Q

W H L S V G Z D O N H G D Q G Z K H H O L Q b 7 R

£124.2 million ⁱⁱⁱ

£12.6 million in 2021

£1.05 in 2021



Saving the NHS in Tower Hamlets

£2.5 million in 2021

83,000 appointments in 2021

Based on Sport England MOVES tool which shows the return on investment for health of sport and physical activity.

In Tower Hamlets the physical

prevent 95 early

92 in 2021

£304 million in 2021

Please note wheelchair or mobility scooter trips are modelled as walking trips for the purposes of the MOVES and HEAT models.

People walking and wheeling more instead of driving improves air quality, saving annually:

15,000 kg of NO_x

20,000 kg in 2021

and

2,700 kg (PM₁₀ and PM_{2.5})

2,700 kg in 2021

28% of residents agree the air is clean in their local area

24% in 2021



Walking and wheeling in Tower Hamlets helps mitigate our climate crisis

6,400 tonnes in 2021

5,600 tonnes

methane and nitrous oxide) saved annually by walking or wheeling instead of driving, equivalent to the carbon footprint of



7,800 people in 2021

6,900 people

from London Heathrow to New York

In 2021 transport accounted for 26% of the UK's greenhouse gas emissions, of which the main sources are the use of petrol and diesel in road transport.

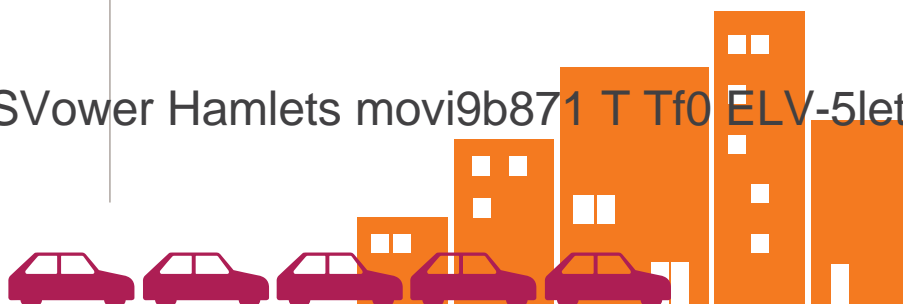
Department for Business, Energy and Industrial Strategy, 2021 UK Greenhouse Gas Emissions, Final Figures

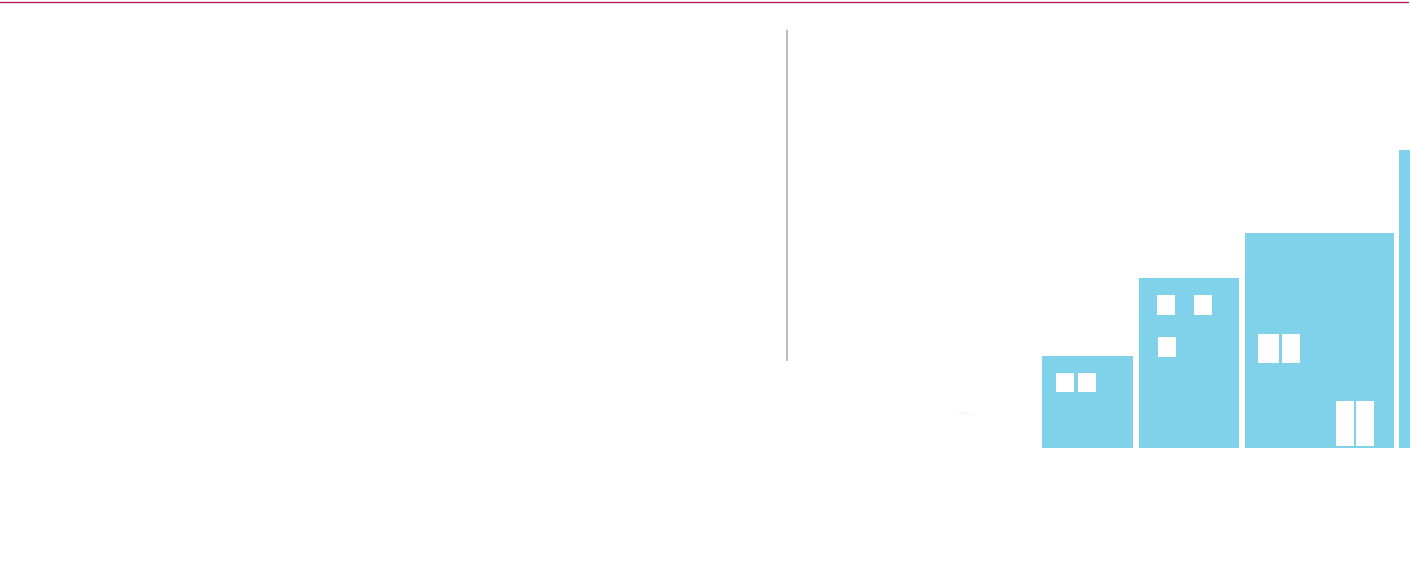
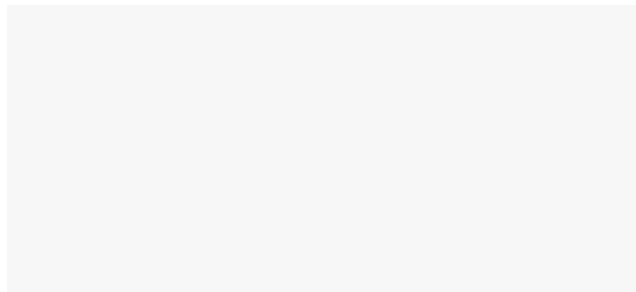
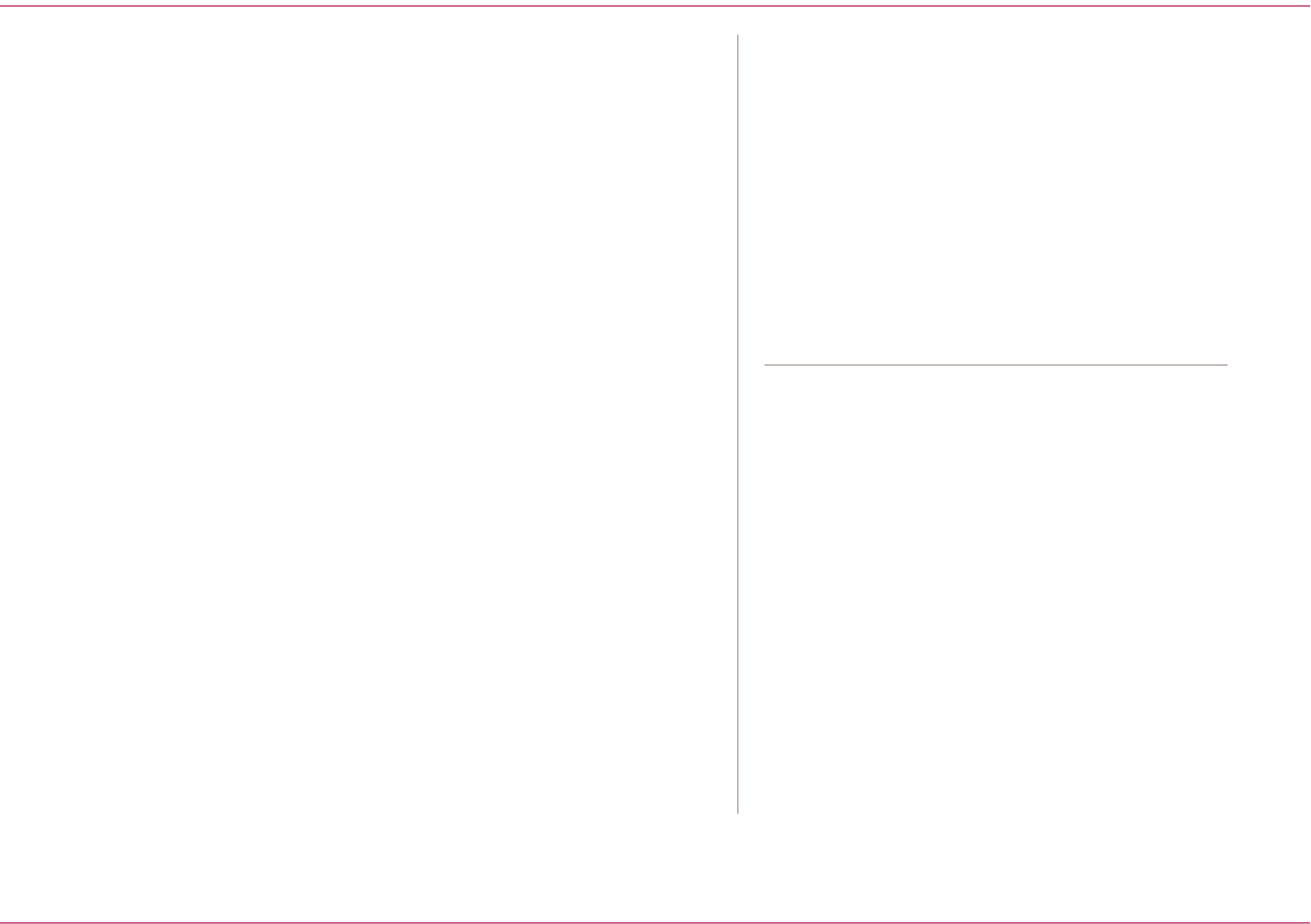
Walking and wheeling keeps Tower Hamlets moving

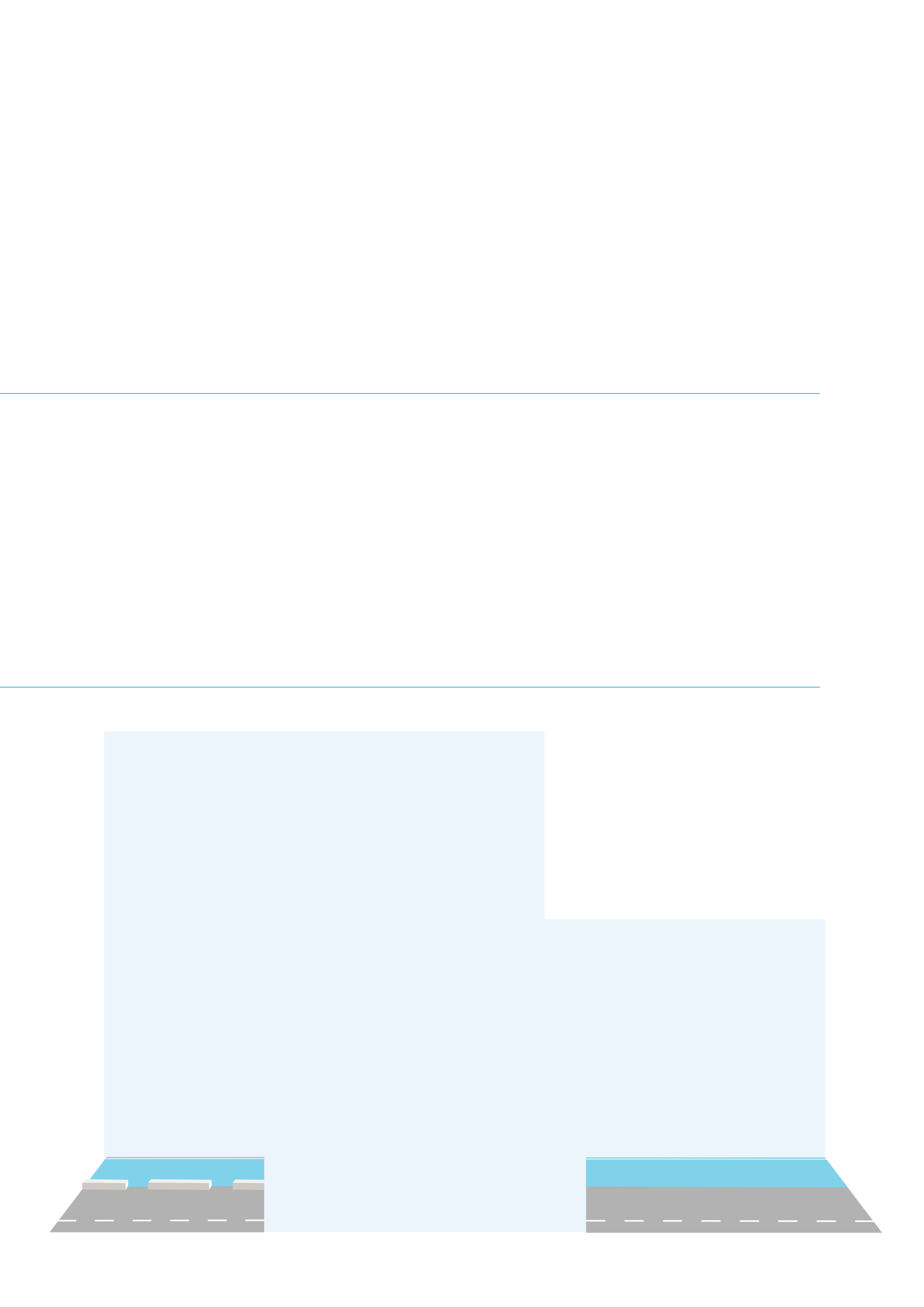
Studies show walking or cycling frees up road space in comparison to driving. This helps to keep Tower Hamlets moving for all road users.

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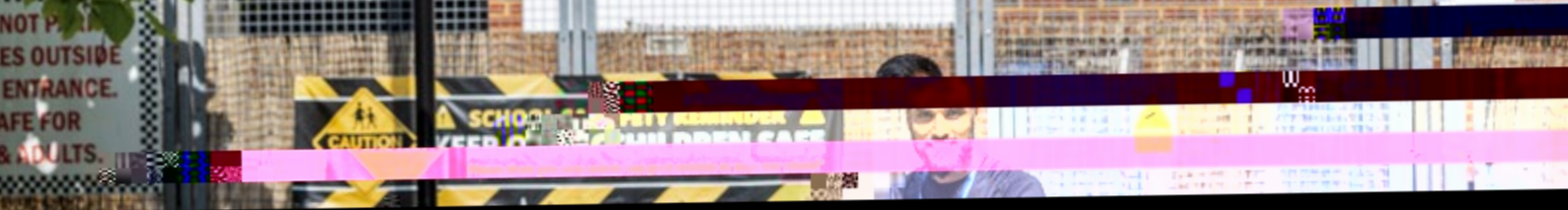








“ ”



Neighbourhood solutions

All residents should feel welcome in their neighbourhood

Proportion of residents that feel welcome and comfortable walking, wheeling or spending time on the streets of their neighbourhood

66%

Ribblesdale

61% in 2021

68% of women

61% in 2021

65% of men

63% in 2021

61%
in 2021

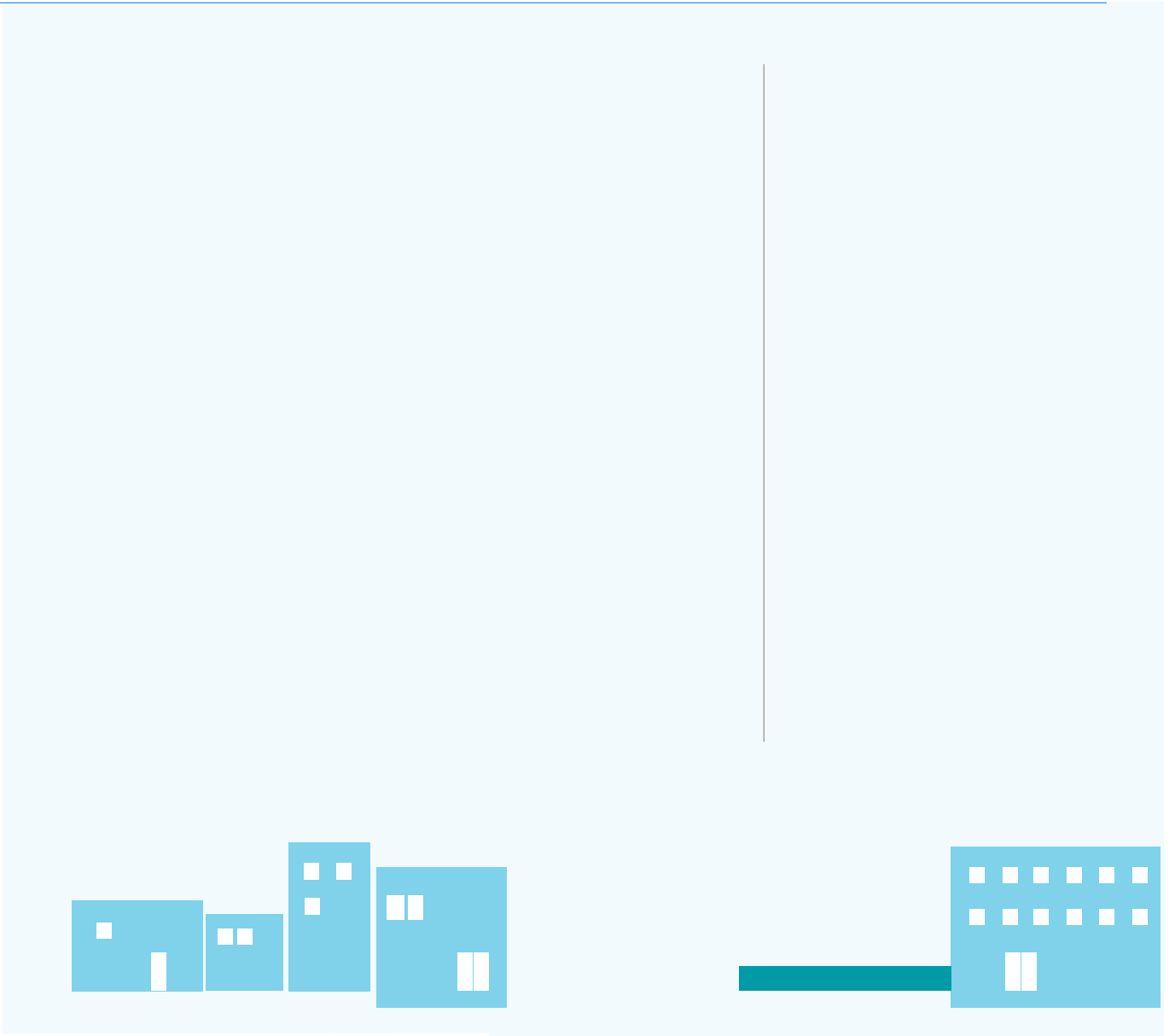
67% of people from ethnic minority groups

70

63%
in 2021

65% of white people







Developing Tower Hamlets

Since the previous Walking and Cycling Index Report for Tower Hamlets in 2021, continued progress has been made on both developing infrastructure and supporting the community to walk, wheel and cycle. By late 2023, Tower Hamlets Council had made 33 School Streets permanent following a trial. School Streets are roads that are closed to traffic during school hours, creating a safer environment for children walking and cycling to school. This initiative improves air quality, reduces congestion and creates more attractive conditions for walking, cycling and wheeling to school. In another example of how the council is helping more people to enter the area at set times each day. The council made the bus gate permanent during 2022, after an 18 month trial.

Cycling infrastructure in the borough has been expanded too. Protected cycle lanes along Mansell Street in Aldgate were installed in 2022 by Transport for London (TfL). They provide a key link between Cycleways 2 and 3 and are used by over 3,000 cyclists every day. To make cycling possible for more Tower Hamlets residents, the council has delivered 140 new secure cycle parking spaces. These are in the form of individual lockers on residential estates and on-street cycle hangars.

The council has also supported the Tower Hamlets cycle training Bikeability programme. More than 800 adults have taken part in cycle training sessions since 2022 and 250 residents with physical and learning disabilities have taken part in the award winning All Ability Cycling Club programme based in Victoria Park. To break down barriers to cycling amongst under-represented groups we have expanded our network of community cycling hubs with housing association Poplar HARCA and trialled a bespoke cycling project with refugees and asylum seekers.

“ roads improves air quality, reduces congestion and creates more attractive conditions for walking, cycling and wheeling to school.”



Chrisp Street Cycle Hub

This busy cycle hub at Chrisp Street Market in Poplar continues to serve a wide range of people, providing free cycle loans, training, maintenance and social rides. Since opening in 2021, the cycle hub has engaged more than 3,400 people. Across 220 activities they have had more than 1,350 participants, predominantly women and their families from the local Bangladeshi and Somali communities. The hub employs two local female instructors and has trained 5 female participants to become ride leaders, with more training planned.

In addition to women-only group learn to ride sessions, they now offer bookable 1-2-1 family sessions so whole families can learn to cycle and improve their skills together. Dr Bike visits monthly and will offer some basic maintenance sessions, empowering people to feel more

Run by housing association Poplar HARCA, funding for this year has been provided by The London Marathon Charitable Trust, with in-kind project management support from Poplar HARCA. Telford Homes has leased the space partners including London Borough of Tower Hamlets, Bikeworks, London Cycling Campaign and Joyriders.



Medina Bazaar – Chrisp Street Delivers

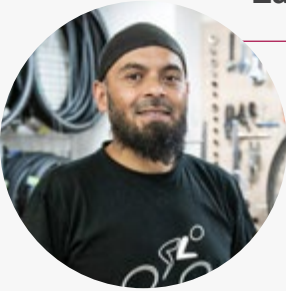
I've always offered a delivery service to my customers

So, when Zedify,

to school. School Air Quality Audits will continue to be rolled out across Tower Hamlets. These will enable to the council to assess the impact of the measures they put in place to cut air pollution and identify further improvements.

Tower Hamlets Council is working closely with stakeholders to further develop new cycle infrastructure in the borough. Work with the London Legacy Development Corporation (LLDC) on protected routes serving new neighbourhoods is taking shape in the Queen Elizabeth Olympic Park. The Canal & River Trust London is working on upgrades to canal towpath surfaces, enhancing the borough's off-road walking and cycling network. The council will continue its work to make its town centres and transport corridors more accessible so the borough is as safe and as easy as possible for all residents to travel around.

East End Cycles



With a passion for cycling, a group of cycling enthusiasts

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WRbSURYLGHdQDIIRUGDEOHUHSdLUVHUyLFHIRUDOOFFOLVWVzLWKLQWKHL

E&JHWbLQb(DVWb/RQGRQ

Our mechanics equipped with many years of experience and
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