

About Sustrans

Sustrans makes smarter travel choices possible, desirable and inevitable. We're a leading UK charity enabling people to travel by foot, bike or public transport for more of the journeys we make every day. We work with families, communities, policy-makers and partner organisations so that people are able to choose healthier, cleaner and cheaper journeys, with better places and spaces to move through and live in.

It's time we all began making smarter travel choice

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2 Introduction to Survey

The Hands Up Scotland Survey is the largest national dataset to look at mode of travel to school across Scotland. The Survey is a joint project between Sustrans and Scottish local authorities. The Survey was first conducted in 2008 in partnership with School Travel Co-ordinators across Scotland. The process has been repeated in 2009 and 2010 using the same methodology. Assuming the Hands Up Scotland Survey continues in future years we will be able to plot trends in the travel behaviours of Scottish school pupils over time.

The Hands Up Scotland Survey runs on an annual basis in the autumn of each year. Data collection is conducted by schools, instructed by their local authority officer, with support from Sustrans. Data collection took place between 7 and 11 September 2010 (the same week as the 2008 and 2009 Surveys). The question asked in the Hands Up Scotland Survey is, 'How do you normally travel to school?', with the following response options: Walk, Cycle, Scooter/Skate, Park and Stride (driven part of the way and walk the rest), Driven, Bus, Taxi and Other. Completed forms were returned by the school to their local authority, who collated school-level datasets and returned the data to Sustrans. Overall collation, analysis and reporting has been conducted by Sustrans' Research and Monitoring Unit.

3 Background notes

Response rates

- All local authorities were invited to take part in the national Hands Up Scotland Survey. In 2010, 32 local authorities participated and the total sample comprised of 439,401 pupils (from 1,987 schools) across Scotland. In 2009, 31 local authorities participated, with a sample size of 415,804 pupils (from 1,939 schools). In 2008, 29 local authorities took part in the Survey and there were 396,377 responses (from 1,824 schools) [Table 4-1]
- The response rates as a percentage of the school roll have been calculated using the Scottish Government's school statistics. The 'all' percentage includes state primary and secondary schools and state SEN schools but not independent or nurse

- SEN data is from state SEN schools only. We received no responses from independent SEN schools
- Where the sample size is small (totalling less than 100), care should be taken when interpreting results. It should also be noted that there are instances where sample sizes are small due to the size of the local authority. Moreover, fields/local authorities with a small number of responses may see large changes in percentage between years
- Due to rounding, row percentages may not always add up to 100%
- Where a percentage represents a value between one and four pupils, it has been replaced with an asterisk (*) for data confidentiality purposes. Where data is missing/not available it has been replaced with a dash (-)
- Although this report includes results from three consecutive years of Hands Up Scotland, due to the importance of considering broader factors such as national campaigns, changeable weather patterns and the impact of the recession, it is important to avoid attempting to make conclusions too soon by comparing year-on-year results. However, as the Survey continues to be delivered in future years we will be able to establish whether any trends are emerging over time
- Please note that due to additional data being made available after the publication of the 2009 Hands Up Scotland Survey, some results have been updated and may differ from those previously published.

4 National Results

Table 4 1 National sample size

Level	No. of respondents			% of Scottish school roll		
	2008	2009	2010	2008	2009	2010
Primary Schools	260,505	268,242	276,193	70.3%	73.2%	75.7%
Secondary Schools	129,161	144,436	157,483	42.6%	47.8%	52.4%
SEN Schools	133	440	2,094	2.1%	6.9%	32.2%

Table 4 7 Breakdown of travel modes by school type and year group

Table 4 7 Breakdown of travel modes by school type and year group (continued)

School Type	Year	Walk	Cycle	Scooter/ Skate	Park & Stride	Driven	Bus	Taxi	Other	Total
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